

Whitefield Global School Newsletter - Primary June Edition 2021 -22 Mindfulness

> Creative Editor Ms. Sruthi T K

We Partook in...

Virtual Assembly – World Environment Day – Grades I & II

Morning assembly undoubtedly holds the numero uno position out of all the routine activities in a school. Probably it's the first platform which is provided to young minds, boosting their confidence towards public speaking and imbibing a feeling of team spirit in their nascent minds. Keeping the same thought in mind, the students of Grade II conducted the first Virtual Special assembly on the theme of "World Environment Day" to embrace the spirit of preserving Mother Nature. The importance of World Environment day was highlighted by giving insights about being aware of our roles and responsibilities to make Earth a better place to live in. In order to leave a long-lasting impact on the minds of students, a dance performance on the theme was presented, which depicted that we should avoid plastic to save our eco system.

Ms. Richa shared some facts about World Environment Day and encouraged students to protect and preserve nature.



Primary Head Mistress, Ms. Deepa, addressed the students and evoked the spirit of taking immediate action to save the environment and Mother nature.

Virtual Assembly – World Environment Day – Grades III, IV & V

School assemblies are an integral part a student's life. They have the potential to nurture and maintain a positive, healthy school culture that binds everyone together. It helps build a culture of communication and representation of academic and co-curricular activities. Launching the theme for this Academic Year, MINDFULNESS, the students of Topaz House of Grades III, IV and V conducted a special assembly on the occasion of World Environment Day. Children gave tips on staying fit physically and mentally during these pandemic times and suggested different ways in which our Ecosystem can be restored. A small skit on Tree Plantation and caring for the environment was performed by the enthusiastic students.



Ms. Smita Mishra, the House Mistress of Topaz house, informed children about the significance of mindfulness and encouraged them to be happy by narrating a short story. The assembly concluded with wonderful words of inspiration by Primary HM, Ms. Deepa S, who enjoined everyone to always have a positive attitude.

Special Recognition: The Sweden Alumni Network

The Sweden Alumni Network is a Global community of people with an academic relationship with the Swedish Institute. The alumni seek to create real change in the world with the purpose of working for sustainable development and to spread information. Swedish Alumni Network India, Bangalore Chapter had conducted a painting competition on 19th June. The topic was "Care to Save Water for Future "and the idea was to spread awareness regarding Sustainable Solutions in Preservation and further protecting the Water Resources, Human Health and Eco -system.



Whitefield Global School is proud of Dhiyaa Gandhi and Devansh Kapoor of Grade III who received the Jury Special Certificate of Recognition along with a Gift Voucher from Amazon for their wonderful paintings which captured the true essence of the topic. We congratulate both of them heartily for this achievement and wish them great success

National level online inter-school Classical Dance Competition

Our rich and varied cultural heritage has a profound power to help build our nation. Art has long been an integral and vibrant part of our nation's cultural heritage. In its many forms, art enables us to gain a deeper understanding of ourselves and of our society. 2nd edition of Heritage Art and Cultural Fest - A National level Inter-school classical singing and dance competition was held online from 18th to 30th May, 2021. About 243 students from 27 schools and 9 cities had participated and prizes were declared based on category/performance style.



We, at Whitefield Global School, are extremely happy and proud to share that Dhyutisree Chinmayi from 3rd-Fire has bagged 3rd prize in National level online inter-school Classical Dance Competition in Bharatanatyam category conducted by Heritage art and cultural fest. We congratulate her heartily for this achievement and wish her success always.

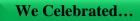
Spell Bee International Award

"Achievement isn't getting ahead of others, it is getting ahead of yourself". Dhiyaa Gandhi of Grade II, Chethan K of Grade II and Anirudh A of Grade II have secured commendable score and have been recognized in the Accomplishment Category. Ananya Chatterjee of Grade I, Abhimanyu Jayanthi of Grade I and Arshita Kaur of Grade II, have secured distinction in SpellBee International Competition. Hrishik Singh Riekwar of Grade II has received a certificate of merit.



Hanish Reddy Palavali of Grade V, Saharsh Ramachandran of Grade IV and Swara Deshmukh of Grade V have secured "Achievement in Distinction" in SpellBee International Competition after qualifying through four levels, conducted during the academic year 2020-21. Arya Gopiraj of Grade 3 has secured the "Merit" position for his outstanding performance in the qualifying levels. These accolades have added a brand new feather to the WGS cap. Wishing our students many more achievements in the future.





Yoga Day – Grades I & II

"Yoga is an invaluable gift of India's ancient tradition. It embodies unity of mind and body; thought and action; restraint and fulfilment; harmony between man and nature; a holistic approach to health and wellbeing. It is not about exercise but to discover the sense of oneness with yourself, the world and nature. By changing our lifestyle and creating consciousness, it can help in enhancing the well-being of everyone around us. Believing in this our students of Grade I and II, celebrated International Yoga Day on 21st June 2021, with great enthusiasm and commitment. All the students had geared up to show some yoga poses with a message 'DO YOGA TO KEEP FIT".













A virtual yoga session was conducted where students explained the importance of Yoga and Meditation followed by performing different yoga asanas as demonstrated by the teacher. It was a very fruitful and healthy session to encourage children towards fitness and healthy lifestyle at a very young age. We believe that regular practice of yoga will surely help our students achieve a better life, physically, mentally and spiritually.

Yoga Day -Grades III, IV & V

International Yoga Day is celebrated annually on June 21 since 2015, following its inception in the United Nations General Assembly in 2014. It is observed every year, to spread awareness about the importance and effects of yoga on the health of people. The theme for this year is 'Yoga for wellness'. The word 'yoga' is derived from Sanskrit which means to join or to unite.



At Whitefield Global School, Yoga Day was celebrated by the students and teachers of Upper Primary Segment with great enthusiasm. Students demonstrated various asanas followed by soothing meditating music. Importance of these was explained simultaneously through demonstration by our teacher Ms.Bhargavi. Parents, teachers and students were a part of this activity and their creative collaboration made this event a huge success. Children were encouraged to practice yoga to remain fit and improve concentration. Regular practice will surely help our students achieve a better life, physically, mentally and emotionally as well.



Father's Day Celebration - Grades I & II

The students of Grade I and II, virtually celebrated Father's Day. Children along with their fathers enthusiastically participated in fun filled activities. The children were excited to have their fathers with them for the celebration. It was lovely to see the father-child duo twinning in color coordinated clothes and looking alike.



The photo frame showed the creative way of expressing their emotion and love for each other on the occasion of Father's Day. The activity conducted for the students helped in developing their creativity and collaboration skills. They implied all their innovative ideas and creativity to make the best click with their father which depicted their immense love and affection. We are sure that our little ones had a wonderful time with their most precious "Superhero".

Reading Week – Grades III, IV & V

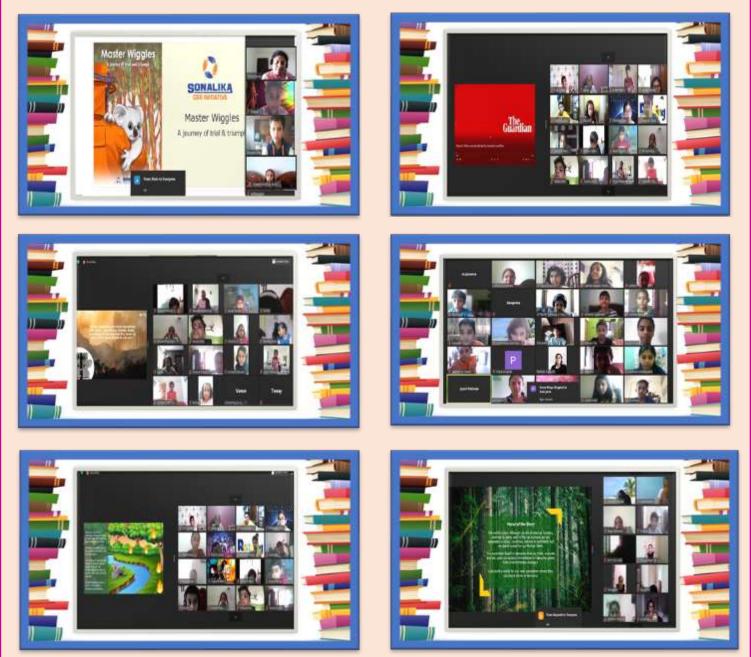
India celebrated the 26th edition of the National Reading Day on June 19th. The day is celebrated in honor of the Father of India's Library Movement - Puthuvayil Narayana Panicker who traveled to the villages proclaiming the value of reading and built a network of 6000 libraries. His marked contribution to the culture of reading is priceless. Marks, Writing Book Reviews, Caricature, and Sketching Comic Strips were all part of the fun. The students thoroughly enjoyed these sessions and honed their skills. This initiative taken by the school seeks to ignite the minds of young readers and bring a positive change by inculcating the habit of regular reading. It was indeed an enriching experience and a fun-filled week.



The students of Grade III, IV and V of Whitefield Global School celebrated the week of June 19th as the "Reading Week" to commemorate the occasion by reading a pledge. Children got an opportunity to participate in various activities to inculcate the habit of reading and to promote this. Digital Book Reading sessions, activities like making Book Marks, Writing Book Reviews, Caricature and Sketching Comic Strips were all part of the fun. The students thoroughly enjoyed these sessions and honed their skills. This initiative taken by the school seeks to ignite the minds of young readers and bring a positive change by inculcating the habit of regular reading. It was indeed an enriching experience and a fun-filled week.

Global Hunt Foundation- Book Reading Session

Global Hunt Foundation is an organization that has directed its efforts towards creating innovative solutions and revamping the existing Corporate Sustainable Responsibility goals. Mrs. Mehak Kaushik and Ms. Megha Kaushik from Global Hunt Foundation have been interacting with communities, especially children, to understand how knowledge as a power can be enhanced by experimenting with different methods of teaching. The Upper primary students of Whitefield Global School also got an opportunity to meet them and they participated in an event where they enjoyed reading lovely books like Wadiya Singh Visits Planet Sparkle and Master Wiggles.



The event concluded with how the environment can be saved by choosing to do very simple acts that can be done regularly like, Save Water, Preserve Trees, Use of Organic Products, Sustainable Clothing and observing Earth hour, etc to promote awareness about protecting our environment.